

YOUTH THRIVE™

PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING

INCREASE PROTECTIVE & PROMOTIVE FACTORS

- Youth resilience
- Social connections
- Knowledge of adolescent development
- Concrete support in times of need
- Cognitive and social-emotional competence

REDUCE RISK FACTORS

- Psychological stressors
- Inadequate or negative relationships with family members, adults outside youth's family and peers
- Insufficient or inadequate opportunities for positive growth and development
- Unsafe, unstable, inequitable environments

DYNAMIC OUTCOMES HEALTHY DEVELOPMENT & WELL-BEING FOR YOUTH

- Physically and emotionally healthy
- Hopeful, optimistic, compassionate, curious
- Ability to form and sustain caring, committed relationships
- Success in school and workplace
- Service to community or society